



From the Director's Desk

Whakarongo ki te tangi o te huia. Tui, tuia, tuituia!

Tēnā anō koutou katoa e āku rangatira!

Kei te mihi tonu ake ki ngā aitua maha o tātau tae noa ki tēnei haora. Hāere koutou kia wheturangitia, tiaho tonu māi hei tohu kapokapo i te pō kia tae ki te ao mārama nei. Ko koutou ki a koutou; ko tātau ngā waihotanga ake ki a tātau.

Nā reira, tēnā anō tātau katoa!

I tēnei wā, kei te ata tirohia tonutia e te Manatū Hauora ki ngā whakahāerenga ki mua o ngā Poari Hauora-ā-Takiwaa, kia whakapiki ake tonu te hauora Māori. Akuanei tonu, ka tū ngā hui hei whakamārama i ngā mahi nā, hei rapungia hoki i ngā rauemi kōrero o tātau. Nā reira, hei tērā wā pea ka kōrero anō e tātau. Kia ora anō tātau katoa!

It seems only yesterday we sent you the March issue of Health Directorate News and now, here we are with our April issue.

The most important reason for this early release of our April issue is that we want to ensure everyone knows what is on the hui/consultation calendar throughout the country in May.

As you will see, it is an exceptionally busy month.

Maori Health Strategy Consultation

The distribution of the Māori Health Strategy discussion document started mid April. In the first instance these went to those we hope to see in Lower Hutt on 2 May, in Paihia on 3 May and in Auckland on 4 May. The pace slows just a little from then on but as you'll note, there are a total of nine consultation hui before the end of May. An update on the document and where the hui are to take place appear on the back cover page of this issue.

Also in Consultation

In our last issue of Maori Health Directorate News we briefly outlined the Taitamariki Suicide Prevention Community Development Initiative. Project manager, Michelle Mako indicated that there would be hui held with Māori communities and interested groups to facilitate the tendering process for providers seeking contracts under the funding allocated by government. The May venues and dates for these hui also appear in this issue.

Please dairy your commitments today. We appreciate that taking this time out of your week or month can be very disruptive and can



create real pressure for many of you. However you are precisely the people we need to hear from and from whom we seek comment and input.

Finally, in this issue our Associate Minister of Health talks about the way Government can work across agencies and across sectors to improve the health and well being of our whānau. Retrofitting!?! Read all about it in Column Comment.

Ria Earp

Deputy Director-General
MĀORI HEALTH

HAUORA.COM UPDATE

The 5th annual scientific meeting of Te Ohu Rata o Aotearoa (Te ORA/the Māori Medical Practitioners Association) was held 6 – 8 April at Rakeiao Marae in Rotoiti. At the meeting members listened with interest to plans for the Māori health workforce development organisation - hauora.com which has been led by a team of Māori nurses, doctors and managers from their respective organisations.

The presentation included information on the background of hauora.com, progress that had been made over the last year and the plans for the future. Links to projects such as 'Kokiritia - An analysis of Māori doctors' training needs (2000)' by Dr Jo Baxter, were also highlighted. The connections to these projects and other scoping reports identified the research that had already been undertaken and the level of workforce development activity that is in progress. It was emphasised that Hauora.com's role would be to facilitate this activity to meet the needs of the Māori health workforce.

Te ORA's membership endorsed the proposal for hauora.com and approved some establishment funding. The new Te ORA Executive also supported the continuation of the current project team as hauora.com progresses towards becoming operational. Activity over the next month includes finalising the trust deed, confirming the interim trustees, securing additional establishment and ongoing funding and developing hauora.com's strategic plan.

Taitamariki Suicide Prevention Hui

Dunedin	2 May - 9.30 - 5pm Akona Te Rangatahi Otepoti Work Trust, 73 Stone Street.
Christchurch	3 May - 9.30 - 3pm Nga Hau e Wha Marae, 250 Pages Road.
Nelson	4 May - 10 - 3.30pm at Whakatu Marae.

COLUMN COMMENT

Tena koutou katoa,

You have probably all noticed the days starting to shorten now we have left summer behind and winter will soon be upon us. There is always some preparation we need to do for winter, making sure the wood for the fire is ready, catching the last few rays of summer sun, eat the last of the sun-ripened fruit.

Our homes also need preparation to ensure they do their job over the long winter months, keeping us warm and dry. We need to find and stop the drafts, fix the windows that fell victim of backyard cricket in the summer, and dig out the heaters from the back of the cupboards, ready to ward off the winter cold.

This Government is a big believer in healthy homes. That is why we have funded the Energy Efficiency Retrofit project. This project aims to drastically improve the quality of homes by retrofitting of 600 houses over the next year, 200 in Moerewa in Northland, 200 in Manukau City, and 200 in the South Island.

You've never heard of retrofitting? Well, neither had I until last year. It is an energy efficiency make-over of your home, including ceiling and underfloor insulation, high performance showerheads and seals around



Associate Minister of Health,
Tariana Turia

windows and doors to stop draughts. With approximately 40 per cent of household energy used in home heating, the benefits of improved health and wellbeing for our whānau in warmer drier homes are obvious. Each retrofit costs about \$1500 each, and will save each household \$400 per year, alongside the improved healthier environment. This is an exciting project especially for whānau who have members with asthma or respiratory illnesses.

For those working in the health sector, projects like these make the job a little easier, knowing that our whānau are going home to warm and insulated homes. This is an example of government working together, across agencies, departments and ministries to improve the health and wellbeing of our whānau.

IN BRIEF

Memorandum of Understanding Signed

A Memorandum of Understanding was signed between the Waikato District Health Board and Iwi in Hamilton on 30 March.

The Memorandum provides for the establishment of an Iwi/Māori Council to provide advice to the Waikato District Health Board at the strategic level on all matters pertaining to the impact of health and disability services on Māori.

Chief Executive Jan White said that the signing of the memorandum was a highpoint

in the journey toward building an effective relationship between the Waikato District Health Board and iwi of their region.

Checklist for Mental Health Services

The Mental Health Commission have released their "Blueprint Checklist" for mainstream mental health services for Māori. The checklist is a helpful 'question' guide for those services wanting to review the service they operate. If you want copies email info@mhc.govt.nz phone 04 474 8900, or write to Mental Health Commission, PO Box 12479, Thorndon, Wellington.

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Māori Health Directorate
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CMS Training Well Underway

Georgina Tauhopa-Melody and Barbara Samuel had two days of intensive training at Te Waka Huia in Palmerston North before the Customer Management System was installed at their place on 28 March. Te Kotuku Hauora O Rangitikei is based in Marton and the team of five provide whānau ora services from Taihape to Ratana.

The two day training was followed by a day on site with trainer Tasna Forbes-Gittens who worked with Georgina and Barbara to align the programme to fit with their whanauora contract. "Before CMS we had pen and paper", says Barbara. "Once we're

up and running it will make everything so much faster and more efficient. Right now we are in the process of putting our clients files - with their consent into the system."

Georgina was involved much earlier in the implementation of CMS, providing comment as a future CMS user and is delighted that the system is now so well matched to their requirements. "We're allocating a certain number of hours each day to input our files and we're aiming to have it all fully loaded by June. It is going to make our lives so much easier."



LEFT: Georgina Tauhopa-Melody in front, trainer Tasna Forbes-Gittens standing and Barbara Samuel at Te Kotuku Hauora O Rangitikei.

Action on

Māori Mental Health

The Māori Mental Health Strategy sets out the actions that need to be taken to achieve the Government's mental health policy objectives for Maori.

Arawhetu Peretini, Senior Advisor Māori Mental Health says "The intention is to provide District Health Boards in particular, with a nationally consistent framework for planning and delivery of services for Tangata Whaiora and whānau. The strategy builds on the work that has been achieved in Māori Mental Health over the past ten years and focuses on producing tangible outputs over the next five years.

The consultation with the Māori mental health sector will take place at the end of May. Relevant providers and kaimahi will be notified.

NZ Disability Strategy Available

The final draft of the New Zealand Disability Strategy, Whakanui Oranga, will be released on 30 April. Copies will be available from:
New Zealand Disability Strategy
Ministry of Health, PO Box 5013
Wellington



NEW MANAGER FOR MĀORI HEALTH DIRECTORATE

Rangi Pouwhare (Tuhoē) joins the Māori Health Directorate on 27 April. Rangi has been Senior Service Manager with Te Roopu Taurima O Manukau since its move out of 'the mainstream' into a position of autonomy eighteen months ago. The largest Māori disability service in New Zealand, Te Roopu Taurima O Manukau provides residential care services for people with intellectual disabilities. Rangi's role with the Directorate will be Manager, Māori Relationships and she looks forward to meeting Māori providers throughout the country during May.

Education: Diploma in Business (Māori Development)

Previous

Employment: Various Government Agencies, Te Kohanga Reo Trust, Te Roopu Taurima O Manukau.

Passions: Sport (Squash, Karate, Tennis, Netball)

Māori Education

Māori Health

Māori Culture

WHERE WE ARE AND HOW TO CONTACT US

Māori Health Directorate
AUCKLAND

Level 3
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Māori Health Directorate
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Māori Health Strategy Consultation

In her preface to the Maori Health Strategy - He Korowai Oranga - discussion document, the Minister of Health, Annette King writes:

"He Korowai Oranga supports Māori aspirations to take control over their own health. It upholds the structures based around whānau, hapu, and iwi and also recognises that there are a range of community groups in Maori society that make valuable contributions to the advancement of whānau health. It identifies some of the key issues to be addressed to support whānau to achieve maximum health and wellbeing and provides guidelines for the improvement of whānau health outcomes. In light of this He Korowai Oranga proposes whānau ora as its overall aim."

"For me - what is most important about He Korowai Oranga is that it gets us that much closer to a very sound basis for future action. I also hope that everyone who reads He Korowai Oranga recognises that it acknowledges and builds on the many significant things we have achieved in Māori health over the past decade and now also looks forward to what it takes to build further on whānau health."

- Ria Earp
Deputy Director-General Māori Health

Two broad directions

From this starting point - whānau ora - He Korowai Oranga then presents two broad directions which reflect the aspirations of both Māori and Government in relation to whānau ora.

Three endorsements

Next, within the context of the two broad directions, He Korowai Oranga endorses rangatiratanga. It also endorses the shift to a population health approach (New Zealand Health Strategy) and it recognises the need to build on the considerable gains already made in Māori health.

Four pathways

The remainder of He Korowai Oranga examines four pathways designed to achieve the aim of improved whānau health. Within each pathway there are specific objectives where recommendations for action sit alongside some of the existing policies and processes.

The Government is committed to reducing the health inequalities that exist between Māori and other New Zealanders. A further government aspiration for Māori health, which is also included in the New Zealand Health Strategy, is to ensure accessible and appropriate services for Māori.

- Annette King, Minister of Health

MĀORI HEALTH STRATEGY UPDATE

Two Stage Development

He Korowai Oranga will be developed in two stages. Stage One involves broad consultation before the strategy is finalised this year. Stage Two involves developing sets of actions for District Health Boards and others in the health and disability sector.

"We are very grateful for the assistance so generously provided to us during the development of He Korowai Oranga. Our thanks goes to the sector reference groups and those who have contributed in focus groups and in peer review. We now seek further contribution from whānau, hapu and iwi, Māori communities, Māori health providers, District Health Boards and other health and disability organisations to the development of He Korowai Oranga."

- Ria Earp
Deputy Director-General Māori Health

Dairy the Date and Venue Today

WELLINGTON

2 May (Wednesday), 9am-4pm
Waiwhetu Marae
Puketapu Grove
Lower Hutt

NORTHLAND

3 May 2001 (Thursday), 9am - 4pm
Park Lodge on Paihia
Cnr Seaview and McMurray Roads

AUCKLAND

4 May 2001 (Friday), 9am-4pm,
Waipuna Lodge
58 Waipuna Road, Mt. Wellington

ROTORUA

8 May 2001 (Tuesday), 9am-4pm
Te Ao Marama Hall
St Faiths Church, Ohinemutu

HAWKES BAY

10 May 2001 (Thursday), 10am-4.30pm
Kohupatiki Marae
Farndon Road
Clive, Hastings

WANGANUI

15 May 2001 (Tuesday), 9am-4pm
Putiki Marae
Takarangi

NELSON

17 May (Thursday), 9am-4pm
Whakatu Marae
99 Atawhai Drive

INVERCARGILL

24 May 2001 (Thursday), 9am-4pm
Murihiku Marae
Tramway Road

CHRISTCHURCH

25 May 2001 (Friday), 9am-4pm
Rehua Marae
79 Springfield Rd